



OKLAHOMA CITY
COMMUNITY COLLEGE

2021-2022

Drug-Free Schools and Communities Act

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Introduction and Overview

Oklahoma City Community College (OCCC) traces its beginning to March 20, 1969. A committee of the South Oklahoma City Chamber of Commerce was organized to circulate petitions asking the Oklahoma State Regents for Higher Education to act to establish a junior college in the area. In the spring of 1974, the College became part of the state system for higher education and a new Board of Regents was appointed as the governing unit for the school. In 1983 the name of the College was changed to Oklahoma City Community College, reflecting its purpose as a college for the entire Oklahoma City metro area community.

The College has grown to serve over 24,500 people each year. It offers a full range of associate degree programs that prepare students to transfer to baccalaureate institutions. The College offers a high-quality affordable education for academic advancement, workforce training, and career development. OCCC is a non-residential community college located in the largest city in Oklahoma.

OCCC is committed to providing its students and employees a drug and alcohol-free workplace and learning environment to promote the reputation of OCCC and its employees as responsible citizens of public trust, and to provide a consistent model of substance-free behavior for students. OCCC, including all of its campuses, shall provide a safe, responsive environment for all students and employees.

Federal drug-free schools and campuses' regulations require institutions of higher education to conduct a biennial review of their alcohol and other drugs programs and policies to determine program effectiveness and consistency of policy enforcement and to identify and implement any changes needed.

This review has the following objectives:

- Determine the presence and effectiveness of a Drug and Alcohol Abuse Prevention Program.
- Document the existence of procedures for distributing the annual notification to students, faculty, and staff and ensure they are followed.
- Ensure that disciplinary sanctions for violating standards of conduct are applied consistently.
- Recommend any necessary changes to the Drug and Alcohol Prevention Program and Policy.

Educate.
Protect.
Serve.

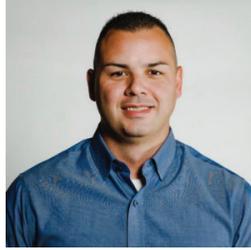
Biennial Review Process

A committee was created in the fall of 2016 to develop and evaluate the Drug and Alcohol Prevention Program at OCCC. The committee consists of members of the Campus Police Department, Student Affairs, Student Support Services, the Title IX Coordinator, and the Director of Institutional Effectiveness.

2021-2022 Committee Members



Daniel Piazza
Chief of Police



Chris Tipton
Deputy Chief of Police



David Schroyer
*Higher Education
Prevention Services*



Christopher Snoddy
*Associate Vice President
for Student Affairs*



Kevin Eddings
*Director of Student
Accessibility and Support*



Jenna Howard
*Counselor - Student
Support Services*



Regina Switzer
*Vice President for
Human Resources*



Elizabeth Miller
*Institutional
Research Analyst*

Once approved, the review is available to students, applicants, parents, employees, and the general public. Any interested party can request a copy by contacting :

Chief of Police, Daniel Piazza, at dpiazza@occc.edu or (405) 682-7872.

Annual Notification Procedure

At the beginning of each semester (including 8-week semesters), after the last day to enroll, the OCCC Chief of Police sends an email to all current students and employees containing College's Drug and Alcohol Prevention Program (DAAPP).

Additionally, the OCCC Student Handbook, which is distributed to all incoming new students, contains all pertinent drug and alcohol policies.

New employee and new faculty orientations also serve to notify employees about OCCC's drug and alcohol policies. This annual notification is issued to all new employees as part of their new employee paperwork. This ensures any new employee who starts work after the emailed annual notification receives the required information.

The DAAPP certifies that programs exist at OCCC to prevent the abuse of alcohol and illicit drugs by both students and employees on the premises and as part of its activities. The following information is contained in the notice in more detail:

- Standards of conduct that prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees
- Description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol
- Description of the health risks associated with the use of illicit drugs and alcohol abuse
- Description of any drug or alcohol counseling, treatment, rehabilitation, or reentry programs that are available to employees or students
- A clear statement that the institution will impose sanctions on students and employees and a description of these sanctions, up to and including expulsion or termination of employment and referral for prosecution for violations of the standards of conduct or law

Prevalence and Trend Data

OCCC continues to request information from our students regarding their views towards alcohol and drugs as well as their use of these substances. This report contains the results from the fourth administration of the survey, conducted in the Fall of 2022. The previous survey administrations occurred in the Fall of 2016, 2018, and 2020. This survey is scheduled to be conducted every other year. In addition to the historical questions that have been provided in this survey, a few questions were added to provide further insights and meet internal and external reporting needs.

METHODOLOGY

IOTA360 was used to reach out to the students to complete the survey. Students age 18 or older, not concurrent high school and college students, who were taking at least one course in the Fall sixteen-week and or late eight-week terms were contacted in November. Several follow-up reminder emails were sent. All students who completed the survey were automatically entered in a drawing for a \$50 Walmart gift card.

LIMITATIONS

One of the major limitations of the survey results regarding survey respondent representation is that 71% of the respondents were female. Our current student population is 64% female with a growing portion of the student body declining to provide gender responses. The current survey was changed slightly from previous years to include expanded questions around stimulant and opioid use, two substances of high concern for our state, and community. These questions that were added will not have historical data. Some question responses were slightly changed for analytical purposes and answers were combined into comparable categories to allow for a year-over-year comparison.

The number of respondents who completed the survey may not have answered every question in the survey. Analysis by question included only the total number of students who responded to the question, so the denominator used to calculate the percentages and other findings may differ from item to item. Finally, due to stigma, there may be reluctance by some students to complete the survey if they use alcohol in excess or use illegal drugs, or feel that their responses are not kept anonymous.

Answer Options	2016	2018	2020	2022
Female	72.0%	71.5%	74.2%	70.8%
Male	27.6%	27.8%	21.3%	22.9%
Other/Not Reported	0.5%	0.7%	0.8%	6.3%

OVERVIEW OF RESPONDENTS

Several demographic questions are on the survey, including age, race/ethnicity, gender, and living arrangements. 634 students completed the survey. The response rate is 8.1% based on a student population of 7,845. The response rates for 2016, 2018, and 2020 were 18%, 14%, and 12% respectively. This year's survey had the lowest response rate since the beginning of data collection on this particular survey, continuing a trend of declining response rates among eligible participants.

The respondents were distributed across the age groups with 31% 18 to 20, 23% 21 to 25, and 45% over the age of 25. The remaining respondents did not answer or were under the age of 18. The percentage of Hispanic students responding to the survey has increased steadily during this time. Additionally, the number of White students responding has decreased by more than 10 percentage points from the initial administration. This change in demographics reflects the changing demographics of the student population, where roughly half of the student body is now non-White.

Answer Options	2016	2018	2020	2022
Hispanic	11.1%	14.0%	16.0%	18.4%
Two or more	10.3%	10.1%	9.3%	9.6%
Black (non-Hispanic)	8.0%	10.0%	9.6%	11.8%
American Indian/Alaskan Native	5.5%	7.1%	6.5%	6.1%
Asian/Pacific Islander	5.9%	6.5%	5.9%	5.8%
White (non-Hispanic)	59.1%	52.3%	50.8%	48.3%

When asked about living arrangements, the highest percentage (33%) of survey takers report living with their parents, 28% with their spouse, 13% with children, and 9% with roommates. The remaining respondents reported that they live alone, in another situation, or provided no answer. Historically, these numbers have remained consistent through each administration.

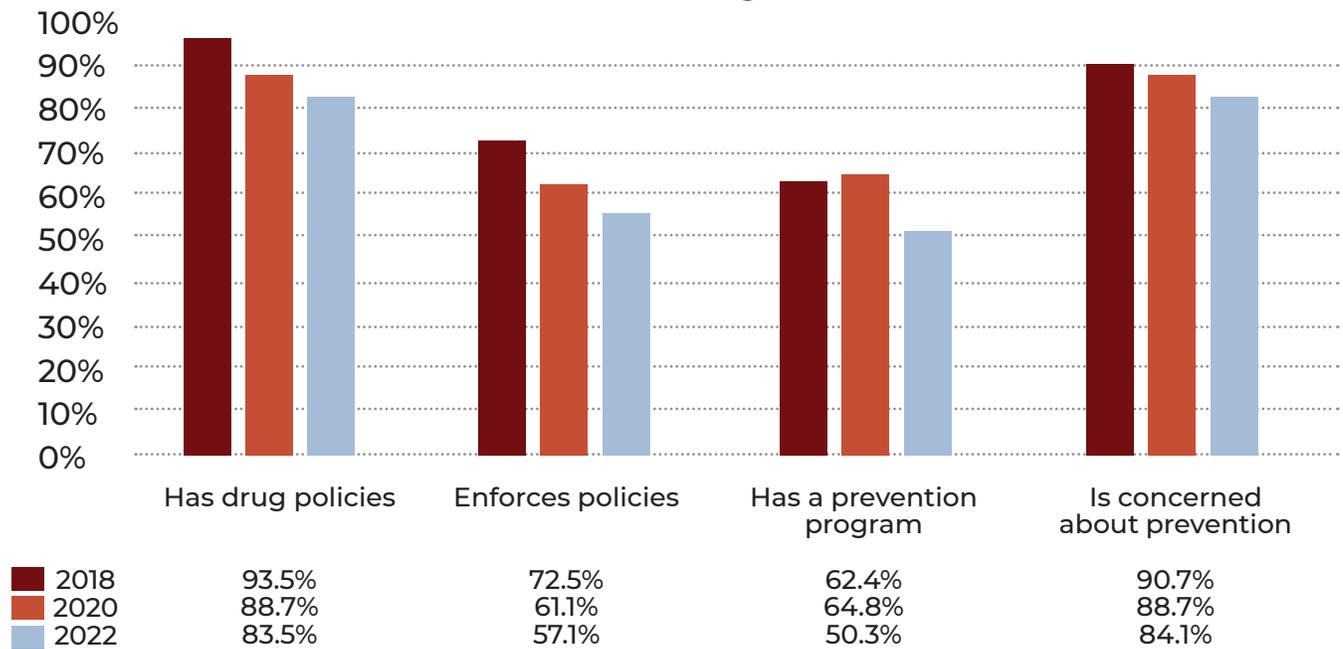
Answer Options	2016	2018	2020	2022
Live alone	6.7%	7.8%	6.8%	8.2%
With roommate(s)	10.1%	12.5%	9.4%	8.7%
With parent(s)	37.0%	35.3%	32.8%	33.0%
With spouse	28.9%	25.4%	27.0%	28.1%
With children	11.5%	12.2%	16.6%	13.2%
Other	5.8%	6.8%	5.3%	6.6%

RESULTS

Campus Situation on Alcohol and Drugs

The majority of student respondents, are aware of the alcohol and drug policies and prevention programs, believe the College enforces policies, and is concerned about the prevention of alcohol and drug use. Fewer students responded “Yes” to these questions in 2022 than in the prior two years. Student awareness of campus policies, enforcement, and prevention is showing a downward decline year over year within the administration. This may be due to an increased number of remote students who may not visit the ground campus regularly.

Campus Situation on Alcohol and Drugs
Yes, the College:



Family Drug and Alcohol Use

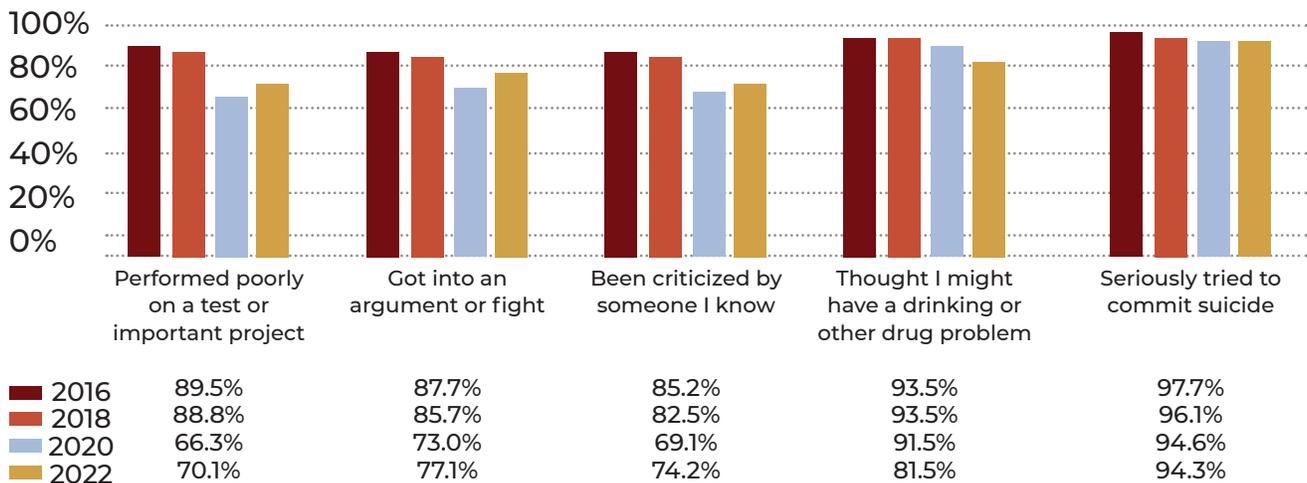
Students were asked to report who in their families or friends had an alcohol or drug problem. Around 32% of students reported having no family or friends with an alcohol or drug problem. This was the highest percentage of responses, followed by 32% of students reporting they had a friend with a drug or alcohol problem. This number has doubled versus the 16% reported by students in 2020. The “friend” category also became the most commonly remained the most commonly associated relationship with a substance use issue. This was followed closely by “aunts/uncles”, and “fathers” with 204 and 162 responses, respectively. These results are consistent with the findings from prior administrations, however, “brothers/sisters” and “mothers” fell in rankings over prior years, due to the aforementioned categories. The category of friends was not included until the 2020 survey.

Experiences Resulting from Alcohol or Drug Use

Students were asked to indicate how often they had experienced given situations due to their alcohol or drug use in the last year. Additional responses were added in the 2018 survey administration taking the choices available from 13 to 19. In the 2020 survey, one option was removed leaving 18 situations from which students could select. In the 2022 survey, questions were expanded to include vetted inquiries from the Oklahoma State Department of Mental Health and Substance Use (ODMHSAS), as well as the National Collegiate Health Assessment. These new questions drill down into areas of concern for the surrounding community and state, such as opioid and stimulant disposal, misuse, and use. The majority of respondents reported that they never experienced the situations listed in the survey. However, there is wide variation in the percentage of students reporting that they never experienced given situations (e.g., 55% of students never got a hangover vs 98% reporting they had never been arrested for a DWI/DUI). For comparison, three categories were created across the three years: never, 1-2 times, and 3 or more times. The following charts show selected comparisons across the three years of the survey based on responses in the 2022 survey administration.

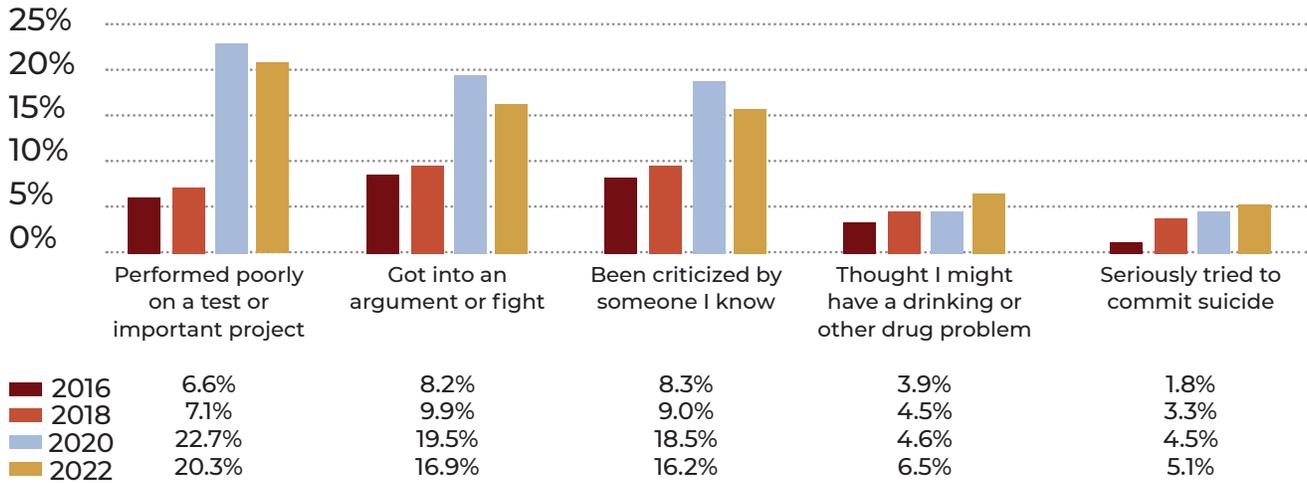
The first chart describes the reported rate of “never” experiencing a given situation after using alcohol or drugs. A lower percentage on this question suggests that more students have experienced the negative effects. When data is compared from 2020 to 2022 the only significant change is within “Thought I might have a drinking or other drug problem”, which decreased from 91.5% to 81.5%. It is difficult to offer a singular cause for this without qualitative context.

Comparison Across Years of Students Reporting NEVER Experiencing the Following Effects



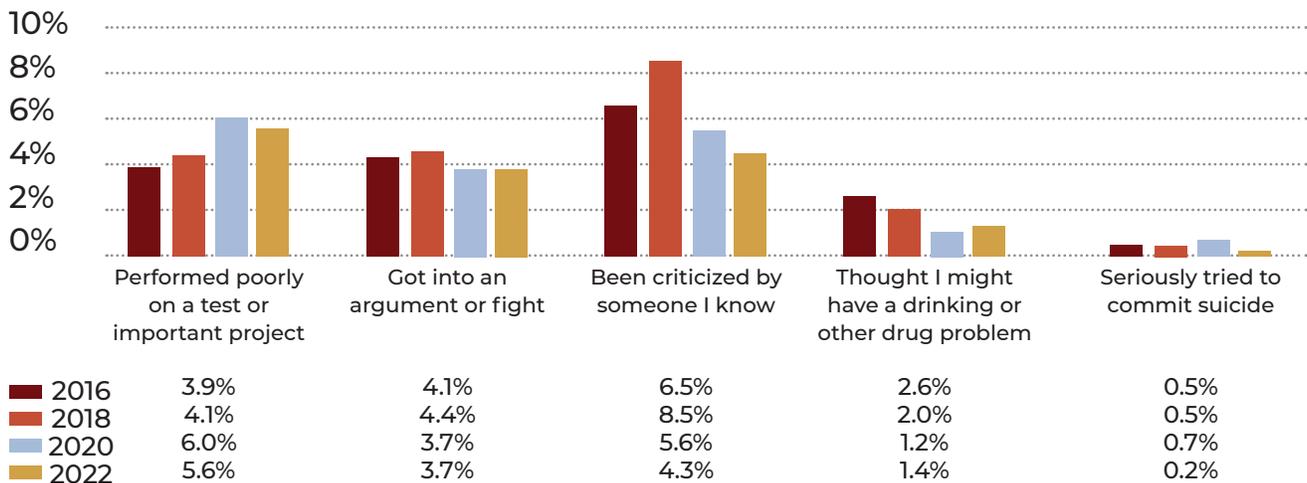
The second chart shows the items with the highest percentage of respondents who experienced a negative effect once or twice. Thankfully, the accompanying percentages are small for the highlighted categories. However, these highlighted categories trend towards a positive correlation between use leading to abuse (“Thought I might have a drinking or other drug problem”) and possible suicide attempts (“Seriously tried to commit suicide”).

Comparison Across Years of Students Reporting Experiencing the Following Effects Once or Twice



The third chart below displays the effects most often experienced by students three or more times. Certain categories indicate the potential for problematic use decreased from the 2020 administration. However, a slight rise in students who perceived themselves as having a substance use challenge, or tried to attempt suicide “Thought I might have a drinking or other drug problem” and “Seriously tried to commit suicide”). This may indicate within this small percentage of respondents there are more significant use patterns, leading to more severe repercussions.

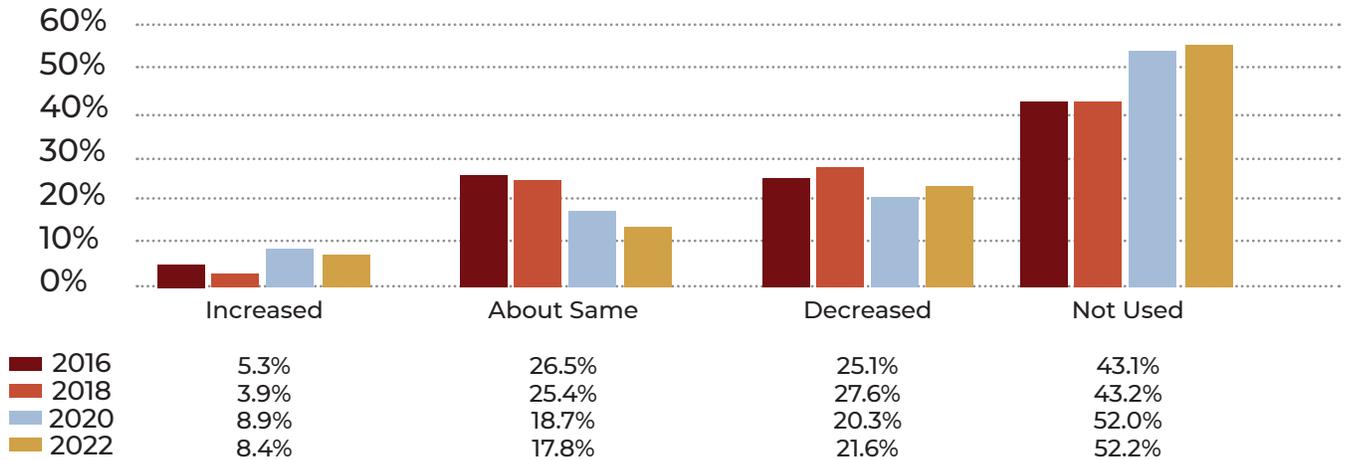
Comparison Across Years of Students Reporting Experiencing the Following Effects Three or More Times



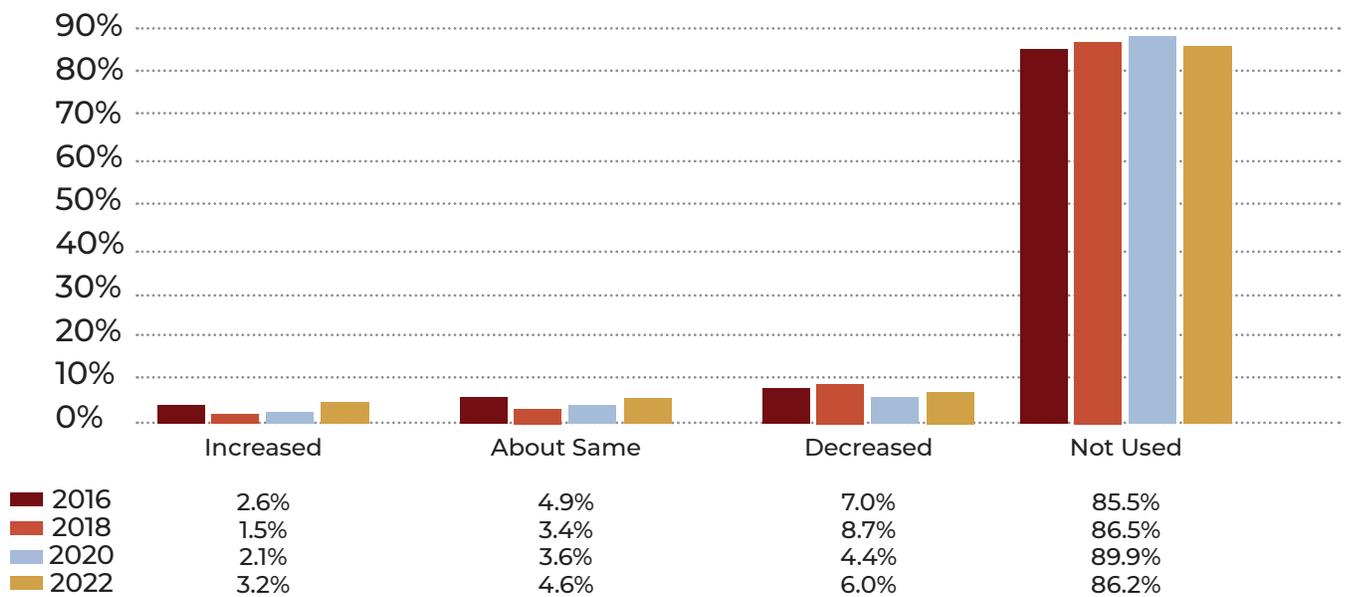
Changes in Alcohol or Drug Use

A majority of students responded that they do not use drugs or alcohol; 52.2% do not use alcohol and 86.2% do not use drugs. While the reported percentage for alcohol use remained consistent from 2020, the percentage for reported illegal drug use decreased by roughly 3%. There was a small increase in students sharing that their drug use had increased in the past year. In 2022, fewer students reported that their alcohol use increased compared to 2020. This data is presented in separate charts; one for alcohol and one for illegal drug use.

Changes in Alcohol Use



Changes in Illegal Drug Use



Engaging in Behaviors

Just over 55.7% of students in 2022 shared that they refused an offer of alcohol or drugs in the past month. This is a decrease from 61% in 2020 and 54% in 2018. 42.4% of respondents heard someone else brag about his/her alcohol use or drug use, which is similar to responses in 2020 (42.6%) and 2018 (42%). Additionally, nearly 22% of students shared that they have experienced peer pressure to drink or use drugs, which is similar to data from 2020 (22.2%). The behavior in which the smallest number of students engaged was bragging about their alcohol or drug use (2.8%), this number has remained similar with each survey administration (2022, 2.9%; 2018, 2.4%; 2016, 3.5%).

Campus Engagement

Students were asked to what extent they agreed with five questions related to their relationship with the College community. The Likert scale responses were combined into positive (strongly agree and agree) and negative responses (strongly disagree and disagree) to provide a summary of the percentage of students who responded positively to each statement.

Answer Options	Likert Scale Options	2016	2018	2020	2022
I feel valued as a person on this campus.	Strongly Agree/Agree	68.0%	68.6%	70.0%	72.7%
	Neutral	27.8%	28.6%	21.8%	23.8%
	Disagree/Strongly Disagree	4.2%	2.8%	8.2%	3.6%
I feel that the faculty and staff care about me as a student.	Strongly Agree/Agree	74.7%	75.0%	75.1%	78.0%
	Neutral	20.6%	21.9%	18.7%	18.1%
	Disagree/Strongly Disagree	4.8%	3.1%	6.2%	3.9%
I have a responsibility to contribute to the well-being of other students.	Strongly Agree/Agree	65.0%	70.5%	72.8%	72.4%
	Neutral	28.9%	25.0%	20.7%	22.6%
	Disagree/Strongly Disagree	6.1%	4.5%	6.6%	5.0%
My campus encourages me to help others in need.	Strongly Agree/Agree	60.7%	62.6%	69.8%	65.0%
	Neutral	30.6%	32.2%	22.2%	30.2%
	Disagree/Strongly Disagree	8.6%	5.2%	7.9%	4.8%
I abide by the College policy and regulations that concern alcohol and other drug use.	Strongly Agree/Agree	91.7%	91.5%	90.0%	93.1%
	Neutral	7.0%	8.0%	5.7%	6.5%
	Disagree/Strongly Disagree	1.4%	0.5%	4.3%	0.4%

Additionally, the percentage of students who responded negatively was under 10% for every question across every year of the survey. Overall, the percentage of students responding positively to these questions has increased from 2016 to 2022, with only a slight decline in students agreeing to abide by college policies on alcohol/drug use in 2020. However, this number has dropped below 1% in the current survey.

Amount of Alcohol/Drug Use

Students were asked about their alcohol and drug use in the last year, the last 3 months, and the last 30 days. Alcohol, tobacco, and marijuana remain the drugs of choice for respondents, and this has been consistently displayed in prior survey results.

When reviewed against historical data, use reported in the last thirty days remained consistent. However, students reported an increased use in both the tobacco and cannabis categories.

Friends' Perceptions of Alcohol or Drug Use

Overall, students reported that their friends disapprove of the regular use of alcohol and/or drugs. Interestingly, respondents believe that their friends do not disapprove of them smoking marijuana occasionally, but they disapprove or strongly disapprove of all other consumption of alcohol or drugs. Perceptions in these categories in 2022 are similar to results from 2020, 2018, and 2016.

Effects and Safety of Alcohol or Drug Use

When asked whether alcohol had certain effects, students were more likely to believe alcohol consumption enhances their social activity, breaks the ice, gives people something to do, and gives them something to talk about. There was a reduction in reported affirmative responses in 2020. However, 2022 saw an increase in the perception of alcohol use and social connectivity. Despite that change, a majority of students still perceived alcohol use to not have positive effects on these areas.

Answer Options	Responses	2016	2018	2020	2022
Breaks the ice	Yes	49.1%	50.8%	36.7%	38.5%
	No	50.9%	49.2%	63.3%	61.5%
Enhances social activity	Yes	52.4%	54.6%	42.9%	47.0%
	No	47.6%	45.4%	57.1%	53.0%
Makes it easier to deal with stress	Yes	33.7%	33.6%	30.2%	32.5%
	No	66.3%	66.4%	69.8%	67.5%
Facilitates a connection with peers	Yes	35.2%	38.0%	30.7%	31.3%
	No	64.8%	62.0%	69.3%	68.7%
Gives people something to talk about	Yes	41.9%	43.3%	34.2%	36.0%
	No	58.1%	56.7%	65.8%	64.0%
Makes women sexier	Yes	11.7%	10.8%	8.3%	12.1%
	No	88.3%	89.2%	91.7%	87.9%
Makes men sexier	Yes	10.0%	9.6%	8.4%	12.5%
	No	90.0%	90.4%	91.6%	87.5%

Students were asked if it would be safe to experience alcohol and illegal drugs. Trying marijuana or smoking marijuana occasionally was deemed safe by 51% and 41% of survey respondents, respectively. Smoking marijuana regularly was rated as safe by 24% of respondents. Most remaining choices were rated unsafe by respondents. Of these, LSD and cocaine were rated as safe by 14.5% and 9.1% of respondents to try once or twice.

COMMENTS ANALYSIS

Students were given the option to provide additional comments, questions, concerns, or program requests. 42 comments were received. 7 comments were received that noted the survey was confusing or critical of its presentation. 6 comments commented on the survey's positive purpose or gave a sentiment of approval or agreement. It was hard to read on a mobile device or some of the questions were irrelevant. There were approximately 10 comments indicating the responding student was in long-term recovery from at least one substance use disorder. 5 students expressed not attending ground-campus courses.



Disciplinary Sanctions

OCCC abides by all drug and alcohol-related policies, regulations, and laws, and imposes consistent disciplinary sanctions under local, State, or Federal law.

In reviewing the offense listed below, there were no irregularities or inconsistencies found in the disciplinary action taken from past offenses. A complaint and grievance process is available for students and employees who feel any disciplinary process is unfair or unsubstantiated. The data below represents the number of drug and/or alcohol offenses committed by students and employees in 2019 and 2020 as well as 2021 and 2022 for comparison.

Students

Year	Number of Offenses	Actions Taken
2019	1 Public Intoxication*	Two (2) Year Suspension
	1 Possession of CDS (Meth)	Two (2) Year Probation
2020	1 Possession of Marijuana	Warning and Reflection Essay

Year	Number of Offenses	Actions Taken
2021	1 Possession of Marijuana	Drug arrest, Referral to Resources Written Warning
2022	0	N/A

Employees

Year	Number of Offenses	Actions Taken
2019	0	N/A
2020	0	N/A

Year	Number of Offenses	Actions Taken
2021	0	N/A
2022	0	N/A

**This case included disorderly conduct, disruption, property damage and violations of the law.*

Programs, Services, and Initiatives

The Campus Police Department, including Higher Education Prevention Services, the Office of Student Support Services, and community agencies created a partnership to provide co-curricular, educational programming to the OCCC community. These departments play an important role in educating students, faculty, and staff about alcohol and other drugs through awareness programs, displays of literature, health fairs, and other campus and area events.

All Oklahoma City Community College campuses received drug and alcohol prevention programming. Alcohol, marijuana, and smoking are the top three substances students reported using in the OCCC 2022 campus-wide student survey. OCCC counseling staff focus on these substances as well as opioid and stimulant use due to their statewide impact. It is important to note that access to students, staff, and faculty was limited in 2021 due to Covid-19 protocols and a greater reliance on virtual learning as well as remote work. Further, programming for 2022 has changed, due to the decision to shift to the Smart, Safe, and Sober programming in the Spring of 2023 to deliver it just ahead of Spring Break.

Below is a summary of events hosted during the review period (2021-2022) along with continually ongoing programs.

Passive Programming: Spring Break Substance Use Safety Tips

Web banner a week before spring break with a link to this page.

Number of Participants: Number of attendees, NA, Number of surveys completed, NA

The banner is displayed as a clickable banner linked through OCCC's main web landing page which provides students or other visitors tips to navigate the dangers of substance use and related adverse effects in conjunction with Spring Break.

The screenshot displays the Oklahoma City Community College (OCCC) website. At the top, there is a navigation bar with links for Login, Labs & Centers, Library, Search Courses, Careers, and Directory. Below this is the OCCC logo and name. The main content area features a banner titled "Spring Break Substance Use Safety Tips" with the subtitle "If you choose to use substances keep these tips in mind to help you stay safe". The banner is divided into three sections: BODY TIPS, SOCIAL TIPS, and ENVIRONMENTAL TIPS. Each section contains a list of safety tips. At the bottom of the banner, there is contact information for the Substance Abuse and Mental Health Service Administration National Helpline (1-800-662-4357) and Student Accessibility and Support (405) 682-7920 or Email: SAS@OCCC.EDU. A footer section contains the OCCC logo, address (7777 South May Avenue), and various service links like Building Hours, Campus Maps, Employment at OCCC, Emergency Announcements, Notification of Nondiscrimination, and File Title IX Report. A "FIND YOUR WAY. MYWAY." button is also present.

OKLAHOMA CITY COMMUNITY COLLEGE

HOME ADMISSIONS & FINANCIAL AID ACADEMICS STUDENT SERVICES INTERNATIONAL COMMUNITY & ALUMNI ABOUT OCCC

Spring Break Substance Use Safety Tips

If you choose to use substances keep these tips in mind to help you stay safe

BODY TIPS

1. Know what you are putting inside your body.
2. Do not drink or do other substances on an empty stomach.
3. Keep count – regardless of if it is alcohol or any other substance always know how much you are having.
4. Have a glass of water between each drink.
5. Check in with your body every half hour and listen to what it is telling you.
6. Know your limits.

SOCIAL TIPS

1. Never take a drink, or other substance, from a person you do not know or trust.
2. Always stay with a trusted group.
3. Substance use and sex do not mix.
4. Stay Comfy – Do not let other people pressure you into drinking or using substances.
5. It is ALWAYS ok to say "no."

ENVIRONMENTAL TIPS

1. Never leave a drink unattended.
2. Do not drive after the use of alcohol or other substances.
3. Always have a plan for getting home safely before you start drinking or using other substances.
4. Do not mix substance. Most drugs and alcohol do not mix well and can have unexpected effects. This includes prescribed medication, so check with your medical provider beforehand.
5. Do not force yourself to stay somewhere you feel unsafe.

If you need immediate help please contact the Substance Abuse and Mental Health Service Administration National Helpline at 1-800-662-4357
If you want support or are concerned about your substance use, contact Student Accessibility and Support at (405) 682-7920 or Email: SAS@OCCC.EDU and schedule a mental health checkup or for free counseling.
These tips do not indicate OCCC policies on substance use. For more information on OCCC drug and alcohol policy see College [policy #1014](#) or contact campus police.

OCCC 7777 South May Avenue

Building Hours
Campus Maps
Employment at OCCC

Emergency Announcements
Notification of Nondiscrimination
File Title IX Report

FIND YOUR WAY. MYWAY.



“Disease Model of Addiction”

Presentation by Derek M. Talkington, MAMFT, LADC/MH; Blackbird Cooperative, CEO;

Virtual | Tuesday, March 30, 2021 12:30 - 1:20 pm

Number of Participants: Number of attendees, 36, Number of surveys completed, 31

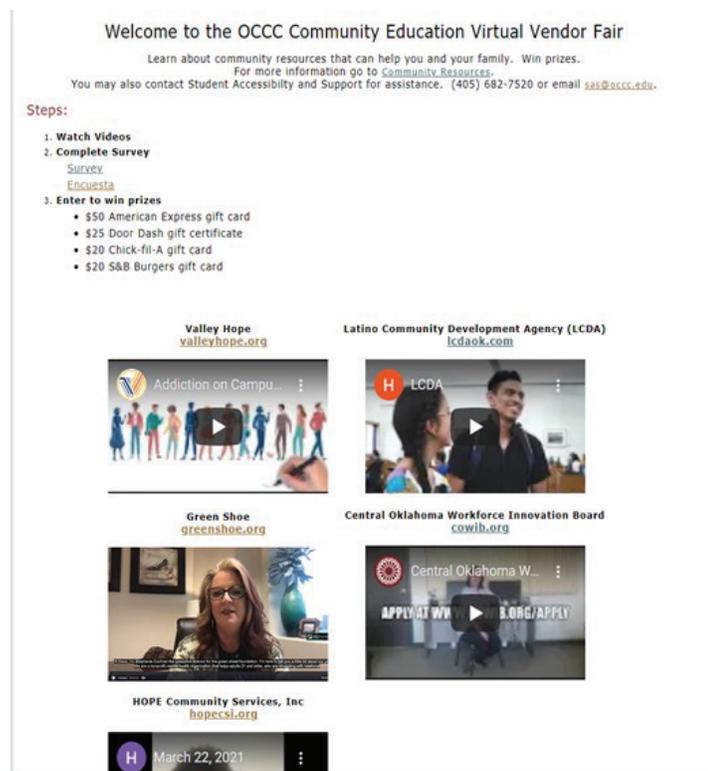
This virtual presentation explained addiction as a disease and how familiarity with this model helps with treatment and understanding persons with addiction issues. The health professions club promoted the event.

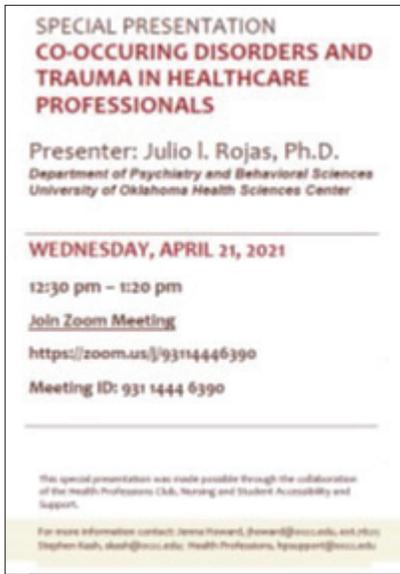
Community Outreach and Education Virtual Vendor Fair

Virtual | April 5th - April 20, 2021

Number of Participants: Number of attendees, NA, Number of surveys completed, 27

The counseling office collaborated with Community Outreach Education, marketing, and several community agencies to provide a “Virtual Vendor Fair.” This included a landing page with various videos from different agencies. Instructors asked students to watch 5-minute videos to learn about the various agencies and fill out surveys.





“Co-Occurring Disorders and Trauma in Healthcare Professionals”

Presentation by Dr. Julio Rojas, Director of the OUHSC Execucare program

Virtual | Wednesday, April 21, 2021

Number of Participants, 90, 66 surveys completed

Presentation to Health Profession students to bring awareness to substance use and mental health issues in the health care profession. The goal of this program is to decrease future use of substance use and encourage health professions students to seek mental health care if needed in the future.

Vendor Fair

OCCC FACE Center | Tuesday, May 3rd, 2021

Number of Participants: 80-120 (estimated), 56 surveys completed

This event was specifically created for the FACE Center. Many of these students are learning English. We provided a substance abuse vendor fair because it was determined that this type of programming would reach the most students. Each teacher brought their class to meet with the vendors and learn about the services they provide. The students filled out the surveys in their classrooms, so their teachers could assist them. Featuring; Chance to Change, Green Shoe Foundation, Hope Community Services, Latino Community Development Agency, Valley Hope, OK work youth programming, Cedar Ridge and Bethany Behavioral Health, Red Rock, Integris Decisions and Addiction Recovery, Jennifer Fillmore, Mrs. Oklahoma County, NorthCare SAFE CARE, OCCC Police Department, OCCC Recruitment & Admissions, SSS, National Guard, ORO Development Corporation, Central Oklahoma Community Mental Health Center, Sunbeam Family Services.

Fifth Annual Be Smart, Safe and Sober

OCCC Main Campus | Tuesday, September 21, 2021

Number of Participants: Unknown, 81 surveys completed

This one-day interactive event consisted of five activities. The main purpose of this event was alcohol awareness. These included:

- “Drunk” video games – Participants played video games while wearing beer goggles. These goggles distort the participant’s perception to allow participants to experience the effect of alcohol on driving and other activities.
- “The Mule” – Outdoor-driving simulator – Students used beer goggles to drive a 4-wheeler, to help them understand the effects of alcohol on their driving.
- Sobriety Test – OCCC Campus Police taught students how drinking affects a person’s abilities by having them run through a series of sobriety tests while wearing beer goggles.
- How much is a drink? – Using shot glasses and party cups, participants learned how much alcohol they are consuming in a party cup.
- Check your Drinking – Participants filled out an online screening that helped them identify their alcohol risk. The participants had the option of emailing themselves a report.

To encourage participation, the students were able to enter to win a door prize if they completed 2 out of the 5 activities. Because of free donations from Braum’s, Sonic, Sam’s, and Walmart, we were able to provide food and freebies for the event.



Naloxone Training

OCCC Main Campus | Wednesday, February 16, 2022 (subsequent offerings 03/16 & 04/14/22).

Number of Participants: 2 attended Feb 16; 3 attended April 14, 0 surveys completed

This virtual educational course was presented by DCCCA, a local community advocacy group. SAS Advertised through Campus Email 3 Virtual Naloxone Training Lunch and Learn. This was put on by DCCCA. To learn more about DCCCA go to <https://www.dccca.org/>.

Note that no surveys were sent out. Due to this being an external program that was advertised by OCCC. We obtained the number of people who used OCCC emails to take the course.

Understanding Trauma & Codependence: The Importance of Self-Care for Healthcare Professionals

OCCC Main Campus | Wednesday, April 6, 2022

Number of Participants: 3, 3 surveys completed

Rebecca Holt, LCSW, and Stephany Cochran, MS, Green Shoe Foundation Executive Director

Therapists for the Green Shoe Foundation were invited as guest speakers to discuss the complexities and necessities of practicing self-care as a professional/provider.



Vendor Fair

OCCC FACE Center | Tuesday, May 3, 2022

Number of Participants: 69, 56 surveys completed

This event was specifically created for the FACE Center. Many of these students are learning English. We provided a substance abuse vendor fair because it was determined that this type of programming would reach the most students. Each teacher brought their class to meet with the vendors and learn about the services they provide. The students filled out the surveys in their classrooms, so their teachers could assist them. Community Partners that participated this year: Hope Mental Health Center; NorthCare mental health Center; Oklahoma Army National Guard; Mental Health Association Oklahoma; OCCC Counseling; Hope Mental Health Center Substance Use Prevention Program

Passive Programming - "OKIMREADY" Materials posted

OCCC Main Campus | Friday, August 12, 2022

Number of Participants: NA, Surveys completed: NA

OKIMREADY.org materials were posted on Campus Police Bulletin Boards for engagement relating to the safe storage of opioids and stimulants. As well as awareness around misuse, use, abuse, and resources for each. These materials are regularly switched out and updated to foster attention.



OCCC Organizational Fair- “Higher Education Prevention Services”

OCCC Main Campus | Monday & Tuesday, August 15-16, 2022

Number of Participants: 24, Surveys completed: NA

Over the course of 2 days, a Substance Use Prevention booth was set up, during the OCCC's annual Organizational Fair to spread awareness regarding the addition of a Higher Education Prevention Services Coordinator to the college. Students were presented with educational and functional materials (such as Deterra pouches) and encouraged with a call to action to take part in a campus coalition for Substance Use Prevention.

Student Life Kick-Off Meeting – Intro to Prevention “Norms”

OCCC Main Campus | Friday, August 26, 2022

Number of Participants: 22, Surveys completed: NA

Students and organization chairs were provided messaging around Prevention work. They were presented with norm data from OCCC's DAAPP surveys demonstrating low use rates among students, to demonstrate substance use is not normalized behavior and this revelation was tied to protective factors to lessen the likelihood of misuse/use.



Higher Education Prevention Services

For Health Professions

By: David Schroyer, MS, BSW



OKLAHOMA CITY
COMMUNITY COLLEGE

Health Professions Intro to Substance Use Prevention

OCCC Main Campus (Virtual) | Tuesday, September 6, 2022

Number of Participants: 28, 0 surveys completed

Higher Education Prevention Services presented to our Health Professions Staff on the utility of substance use prevention topics included; promoting alternatives to use, policy development, resources, why people turn to substances, and education on how to avoid pressures of use. The presentation focused on the benefits of reducing stigma and promoting healthy alternatives to use, in line with students, faculty, and staff within the Health Professions Division.

Risk Factor/Stressor Exercise: Jenga

- Participants will take turns
 - The facilitator(s) will have marked pieces that represent the various “rings” of our environment
 - Using a randomizer a facilitator will have participants remove applicable blocks based on an event that impacts their environment
 - Example: “Landlord ups your rent by \$150 a month (RED)”
 - That participant would remove 1 red block from the structure



TRIO (SSS) Balancing School & Life from a Prevention Perspective

OCCC Main Campus (and Virtual) | September 22, 2022

Number of Participants: 6, 5 surveys completed

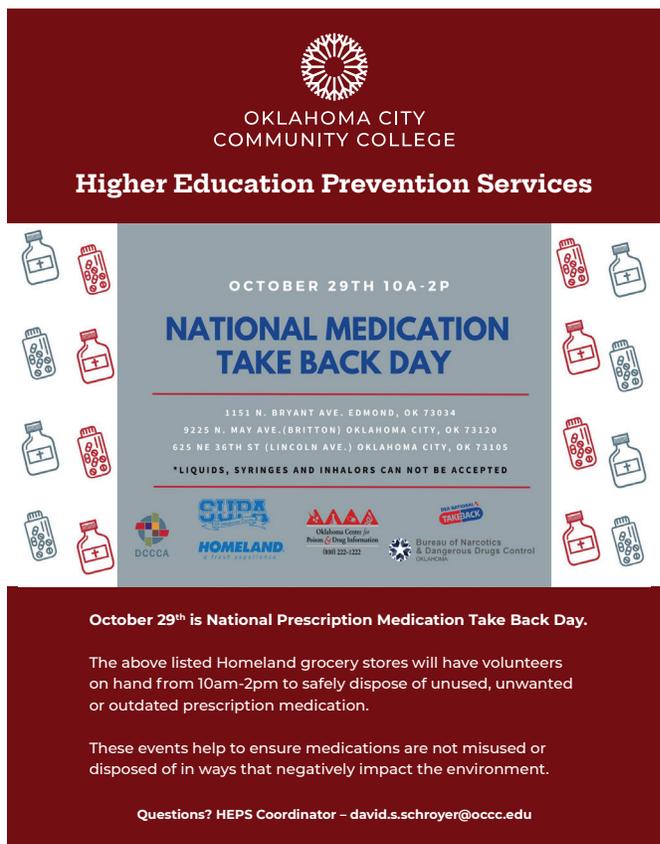
Higher Education Prevention Services presented to TRIO students on balancing the effects of stress by using protective factors. Participants received psychoeducational tips and were challenged to incorporate one into their daily lives. The presentation included an interactive game that demonstrated the need for self-care in a real-world setting based on environmental factors. Feedback for the event, was all favorable, with students and staff stating it was highly engaging and educational.

Passive Programming: Drug Take Back Day & OKIMREADY

OCCC Main Campus | Friday, October 7, 2022

Number of Participants: NA. Number of surveys completed, NA

For each of the above, campus billboards between Student Life (Prescription Drug Take Back Day) and Campus PD Boards (OKIMREADY) signage was created, updated, and posted. Both focused on proper medication storage, use, and disposal. The Prescription Drug Take Back Day gave dates, times, and locations for take-back events in the Oklahoma City area on 10/29/22. Each of these displays was up for view through the end of October.




OKLAHOMA CITY
COMMUNITY COLLEGE

Higher Education Prevention Services

OCTOBER 29TH 10A-2P

**NATIONAL MEDICATION
TAKE BACK DAY**

1151 N. BRYANT AVE. EDMOND, OK 73034
9225 N. MAY AVE. (BRITTON) OKLAHOMA CITY, OK 73120
625 NE 36TH ST (LINCOLN AVE.) OKLAHOMA CITY, OK 73105

*LIQUIDS, SYRINGES AND INHALORS CAN NOT BE ACCEPTED

October 29th is National Prescription Medication Take Back Day.

The above listed Homeland grocery stores will have volunteers on hand from 10am-2pm to safely dispose of unused, unwanted or outdated prescription medication.

These events help to ensure medications are not misused or disposed of in ways that negatively impact the environment.

Questions? HEPS Coordinator – david.s.schroyer@occc.edu

RESULTS

TALLIES								
What type of activities would you be interested in seeing the college offer (check all that apply)?			If any or all of the above were offered on-campus, how likely would you be to attend?			Q3) If any of the above were offered virtually, how likely would you be to attend?		
Nutrition & Hydration	24	17%	Very likely	16	38%	Very likely	14	29%
Fitness Classes	25	18%	Likely	22	52%	Likely	9	19%
Meditation/Mindfulness	27	19%	Somewhat likely	3	7%	Somewhat likely	10	21%
Emotional Regulation	24	17%	Somewhat unlikely	0	0%	Somewhat unlikely	4	8%
Group Workouts	16	11%	Unlikely	1	2%	Unlikely	11	23%
Exercise Education	19	14%						
Other	5	4%						
TOTAL	140	100%	TOTAL	42	100%	TOTAL	48	100%

Mental and Physical Wellness Survey

OCCC Main Campus | Monday, October 17, 2022

Number of Participants: 50. Number of surveys completed, 50

A joint effort put on by OCCC's Higher Education Prevention Services and Student Accessibility & Support. Students were surveyed to gauge interest in a wellness effort designed to increase overall health and avoid pitfalls of substance use. Interested attendees were also given resource materials on the safe use, storage, and disposal of prescription drugs.



Passive Programming: Caregiver and Support System Resource

OCCC Main Campus | Friday, November 18, 2022

Number of Participants: NA. Number of surveys completed, NA

A tri-fold brochure was created to provide resources to those that support someone with a mental health or substance use issue in a caregiver capacity. Guidelines for dealing with symptoms and behaviors of someone experiencing mental health challenges were outlined, as well as resources for support both online and in the community. This will be utilized (and was developed in conjunction with) OCCC Employee Relations in addition to being distributed at gathering points for those at our main ground campus.



Partnership with Race Dance & Substance Use Prevention Alliance (SUPA)

OCCC Visual and Performing Arts Center
Saturday, December 10th, 2022

Number of Participants: 50. Number of surveys completed, 0

Higher Education Prevention Services organized this community outreach event as part of 2 distinct performances. SUPA volunteers were able to set up and distribute educational and functional materials (such as medication lock bags and Deterra pouches) for patrons of Race Dance's performance. Materials were provided in both English and Spanish, as performances were designated for each language. Patrons were given information on opioid use and methods to combat misuse and promote safe storage and disposal.

Substance Use and Mental Health Survey

OCCC F.A.C.E. Center | Wednesday & Thursday, December 14th-15th, 2022

Number of Participants: 46. Number of surveys completed, 41

Higher Education Prevention Services and OCCC's Community Outreach Director organized this event as a means to conduct a needs assessment with the long-term goal to build community supports around suggestions provided by community attendees. OCCC's Prevention Coordinator was onsite to administer the survey, discuss the safe use, disposal, and storage of prescription drugs and provide disposal packets of Deterra to attendees.

SUBSTANCE MISUSE PREVENTION INFO & SURVEY

WHEN
Dec 14th and 15th, 2022
11am - 12pm and 5pm-6pm

WHERE
OCCC FACE Center
6500 S. Land Ave., Oklahoma City, OK 73159

OCCC's Higher Education Prevention Coordinator will be on site to survey students on community needs, distribute safe storage, and disposal supplies as well as information on substance use prevention.

QUESTIONS?
david.s.schroyer@occc.edu

STOP BY TO:

- Ask questions
- Discuss thoughts on community prevention & mental health

IN PARTNERSHIP WITH:

OKLAHOMA
Mental Health &
Substance Abuse

SAMHSA
Substance Abuse and Mental Health
Services Administration

Higher Education Prevention Services

Identifying Substance Use: When & How to Intervene
For SCMS staff

By: David Schroyer, MS, BSW



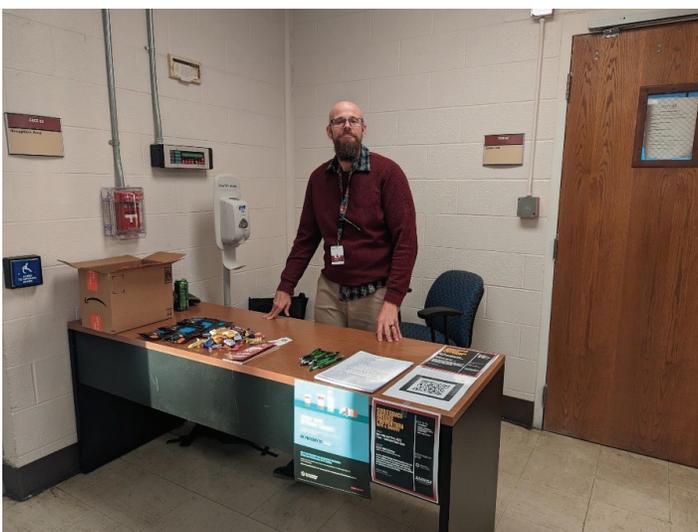
OKLAHOMA CITY
COMMUNITY COLLEGE

Identifying Substance Use: When & How to Intervene

OCCC Main Campus | Tuesday, December 20th, 2022

Number of Participants: 6. Number of surveys completed, NA

Our Higher Education Prevention Services Project Coordinator presented to the staff department Students Connecting with Mentors for Success (SCMS) for education about what to look for within the scope of potential substance use and how to lead and engage students regarding these conversations. Participants were also given an overview of Higher Education Prevention Work, and common substance types used within the surrounding community. Formal surveys were not conducted for this effort. However, feedback was positive and participants relayed that the presentation was informative.



Programs, Services, and Initiatives Conclusion

The College offered several different activities during 2021 and 2022 to engage students in learning more about the abuse of alcohol, marijuana, cigarettes, illegal drugs, and prescription drugs. Students, staff, and faculty had many opportunities to learn about the impact of misuse, and abuse and how to help prevent these issues and get assistance if needed.

The results of these activities were positively received.

Program Goals, Evaluation, and Recommendations

The committee created the following minimum goals for the Drug and Alcohol Prevention Program:

- Maintain policy, prevention strategies, and resources. Ensure that other drug and alcohol-related facts are readily available.
- Notify all employees and students that OCCC is a drug and alcohol-free campus and where to find the policy and other program-related information on the website.
- Utilize survey information gathered from the OCCC Core Survey for Alcohol and Drug Assessment to determine what substances students abuse the most and structure our programs accordingly.
- Provide programming for all OCCC Campuses.
- Create specific program reviews that include an analysis of the data collected from surveys from each of the programs provided.

GOALS	PROGRAM ACTIVITIES	EVALUATION	RECOMMENDATIONS
Maintain policy, prevention strategies, and resources. Ensure that other drug and alcohol-related facts are readily available.	OCCC Drug & Alcohol Abuse Prevention Program is found in the OCCC policies and the student handbook. Resources can be found on the Student Support Services webpage. New employees are notified about OCCC EAP.	100% Completed	Create a website or page on the OCCC website dedicated to the College's Alcohol and Drug policies, prevention strategies, upcoming programs, and resources.
Notify all employees and students that OCCC is a drug and alcohol-free campus, and where to find policy and other program-related information on the website.	The Annual Notification was sent at the beginning of each semester after the final drop date. Additionally, the Annual Notification was sent after the last drop date for each 8-week term.	100% Completed	Maintain a consistent message for each term. Ensure accountability with tracking each time the notification is sent out.
Utilize survey information gathered from the OCCC Core Survey for Alcohol and Drug Assessment to determine what substances students abuse the most and structure our programs accordingly.	Core Survey for Alcohol and Drug Assessment was distributed in the Fall of 2016, 2018, and 2020. Individual surveys are gathered from participants who attend a drug and alcohol prevention event, presentation, or program	100% Completed	Continue the Core Survey every two (2) years. Continue gathering surveys for each program to determine specific effectiveness.
Provide programming for all OCCC Campuses.	Programs were held at the Main Campus, the Family, and Community Education Center. Due to staffing limitations, the Capitol Hill center did not have a corresponding event for 2021-2022.	67% Completed	Continue to provide programs at all campuses.
Create specific program reviews that include an analysis of the data collected from surveys from each of the programs provided.	A survey was provided at each specific program which showed positive reviews for all programs.	100% Completed	Expansion of data relevant to OCCC and the community such as, but not limited to; stimulant and opioid use. Look at ways to increase student participation and responses.

Program Strengths and Areas for Improvement

The following are noted strengths and areas for improvement of the alcohol and drug program at OCCC.

Strengths

- Drug and Alcohol Prevention information is included in all New Employee Orientations.
- Employee Assistance Program (EAP) is available for employees and is widely known.
- Prevention programs focusing on drugs and alcohol are regularly planned and available to students, faculty, and staff throughout the year.
- The CORE Survey for Alcohol and Drug Assessment was effective in determining specific topics/issues to target for programming.
- Effectiveness of the individual programs based on participant feedback.
- In the last two years, only one arrest Drug arrest, and related referral to resources has occurred on campus.

Areas for Improvement

- Engagement for the student population continuing to utilize virtual learning
- Dedicate a webpage or link on the OCCC website to the Higher Education Prevention Services Drug/Alcohol Abuse Prevention Program.
- Continue to improve the alcohol and drug prevention programming and resources offered to all students and employees.
- Increase overall participation and completion rate of the survey
- Provide a resource link within the survey for those expressing a need (i.e. suicidal ideation and/or a substance use problem)

Conclusion

The Biennial Review Committee conducted a comprehensive analysis of the alcohol and drug policies, related programs, services, and enforcement practices for the academic years 2021-2022.

Oklahoma City Community College uses a comprehensive approach to address alcohol and other drug use on campus, focusing on policy, education, collaboration, enforcement, prevention, and intervention. All components work together to ensure that students and employees are provided information and resources that promote a safe and healthy environment that attempts to mitigate risk as it pertains to alcohol and other drug use.

The College will continue to develop, assess, and pursue the best practices for our campus community to create a safe and healthy learning and working environment for our students and employees.

Goals for Next Year:

- Consistently distribute the Annual Notification to all students and employees each semester.
- Continue to provide meaningful specific programs to all students and employees.
- Increase student and employee attendance and participation in programs offered by the college.
 - Greater attention to the inclusion of virtual student offerings
- Create a webpage on the OCCC website that contains all alcohol and drug policies, programming, and resources available to students and employees.

