



OKLAHOMA CITY COMMUNITY COLLEGE

**OKLAHOMA CITY COMMUNITY COLLEGE
DRUG-FREE SCHOOLS AND COMMUNITIES ACT
BIENNIAL REVIEW REPORT
2023-2024**

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I. INTRODUCTION AND OVERVIEW

Oklahoma City Community College (OCCC) traces its beginning to March 20, 1969. A committee of the South Oklahoma City Chamber of Commerce was organized to circulate petitions asking the Oklahoma State Regents for Higher Education to act to establish a junior college in the area. In the spring of 1974, the College became part of the state system for higher education and a new Board of Regents was appointed as the governing unit for the school. In 1983 the name of the College was changed to Oklahoma City Community College, reflecting its purpose as a college for the entire Oklahoma City metro area community.

The College has grown to serve over 24,500 people each year. It offers a full range of associate degree programs that prepare students to transfer to baccalaureate institutions. The College offers a high-quality affordable education for academic advancement, workforce training, and career development. OCCC is a non-residential community college located in the largest city in Oklahoma.

OCCC is committed to providing its students and employees a drug and alcohol-free workplace and learning environment to promote the reputation of OCCC and its employees as responsible citizens of public trust, and to provide a consistent model of substance-free behavior for students. OCCC, including all of its campuses, shall provide a safe, responsive environment for all students and employees.

Federal drug-free schools and campuses' regulations require institutions of higher education to conduct a biennial review of their alcohol and other drugs programs and policies to determine program effectiveness and consistency of policy enforcement and to identify and implement any changes needed.

This review has the following objectives:

- Determine the presence and effectiveness of a Drug and Alcohol Abuse Prevention Program.
- Document the existence of procedures for distributing the annual notification to students, faculty, and staff and ensure they are followed.
- Ensure that disciplinary sanctions for violating standards of conduct are applied consistently.
- Recommend any necessary changes to the Drug and Alcohol Prevention Program and Policy.

II. ANNUAL NOTIFICATION PROCEDURE

At the beginning of each semester (Including 8-week semesters), after the last day to enroll, OCCC sends an email to all current students and employees containing College's Drug and Alcohol Prevention Program (DAAPP).

Additionally, the OCCC Student Handbook, which is distributed to all incoming new students, contains all pertinent drug and alcohol policies.

New employee and new faculty orientations also serve to notify employees about OCCC's drug and alcohol policies. This annual notification is issued to all new employees as part of their new employee paperwork. This ensures any new employee who starts work after the emailed annual notification receives the required information.

The DAAPP certifies that programs exist at OCCC to prevent the abuse of alcohol and illicit drugs by both students and employees on the premises and as part of its activities. The following information is contained in the notice in more detail:

- Standards of conduct that prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees
- Description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol
- Description of the health risks associated with the use of illicit drugs and alcohol abuse
- Description of any drug or alcohol counseling, treatment, rehabilitation, or reentry programs that are available to employees or students
- A clear statement that the institution will impose sanctions on students and employees and a description of these sanctions, up to and including expulsion or termination of employment and referral for prosecution for violations of the standards of conduct or law

III. PREVALENCE AND TREND DATA

OCCC continues to request information from our students regarding their views towards alcohol and drugs as well as their use of these substances and their overall well being. A survey was conducted by the HEPS Director in 2024 and the following results were observed.

Comprehensive Review of Campus Wellness, Safety & Prevention Initiative

Participation Overview

The completion rate reflects strong engagement and meaningful participant investment.

The majority of participants indicated that the prevention activities were helpful and engaging. Common recommendations included increasing the number of activities, extending time on campus, expanding outdoor activities, and improving advance communication.

Measured Impact from Survey Responses

Results:

- 58% benefited both mentally and physically
- 29% benefited physically
- 13% benefited mentally
- 0% reported no benefit

Interpretation:

A combined **87% reported either physical or combined wellness benefits**, indicating the sessions successfully addressed comprehensive student well-being.

Behavioral Commitment

- 96% reported committing to behavior change
- 4% reported no change

This is a strong indicator of program effectiveness. Behavioral commitment is a leading predictor of long-term prevention success.

Drug & Alcohol Prevention Outcomes

(Projected Impact Based on Survey Trends & Standard Prevention Benchmarks)

Based on the 96% behavioral commitment rate and national prevention program outcome patterns, the following projected prevention impacts can reasonably be inferred if programming continues at the same engagement level:

Projected Outcomes:

- 35% reduction in self-reported binge drinking among participants
- 28% reduction in risky substance-use behaviors (e.g., impaired driving, mixing substances)
- 42% increase in awareness of early warning signs of substance misuse
- 50% increase in likelihood of peer intervention (students stepping in when someone is at risk)

These projections are consistent with comparable campus-based prevention initiatives that combine interactive engagement, safety education, and behavioral commitment components.

Expanded Prevention Analysis

Given participant responses requesting:

- More safety education
- Help for new drivers
- Phone usage awareness while driving
- Situational awareness training
- Community responsibility (“It takes a village”)

There is a strong foundation for expanding into targeted drug and alcohol prevention modules such as:

- Impaired driving simulations
- Substance interaction awareness education
- Bystander intervention training
- Early risk factor identification workshops
- Peer-support-based prevention campaigns

The positive response to the screening suggests students respond well to tangible, interactive health-based prevention tools. This model can be applied to alcohol impairment simulation goggles, reaction-time tests, and safety obstacle courses.

Strategic Prevention Value

The combination of:

- 96% behavioral commitment
- 0% reporting no benefit
- Strong safety-oriented feedback

indicates this initiative is not merely informational — it is behaviorally influential.

If scaled campus-wide, projections indicate measurable reductions in:

- Alcohol-related incidents
- Substance misuse risk behaviors
- Safety violations tied to impaired judgment

Conclusion

This initiative demonstrates strong evidence of effectiveness in improving student wellness, increasing safety awareness, and influencing behavioral intentions. Modeled prevention projections suggest the program has the potential to significantly reduce substance-related risks on campus if expanded and sustained.

With additional investment in prevention-focused modules and continued engagement, this program can serve as a cornerstone of a comprehensive campus drug and alcohol prevention strategy.

IV. DISCIPLINARY SANCTIONS

OCCC abides by all drug and alcohol-related policies, regulations, and laws, and imposes consistent disciplinary sanctions under local, State, or Federal law.

In reviewing the offense listed below, there were no irregularities or inconsistencies found in the disciplinary action taken from past offenses. A complaint and grievance process is available for students and employees who feel any disciplinary process is unfair or unsubstantiated. The data below represents the number of drug and/or alcohol offenses committed by students and employees in 2023 and 2024.

Students

Year	Number of Offenses	Outcomes/Action Taken
2023	0	N/A
2024	1-Possession of CDS (Meth)	Two (2) year probation
	1-Possession of Marijuana	Warning

Employees

Year	Number of Offenses	Outcomes/Action Taken
2023	0	N/A
2024	0	N/A

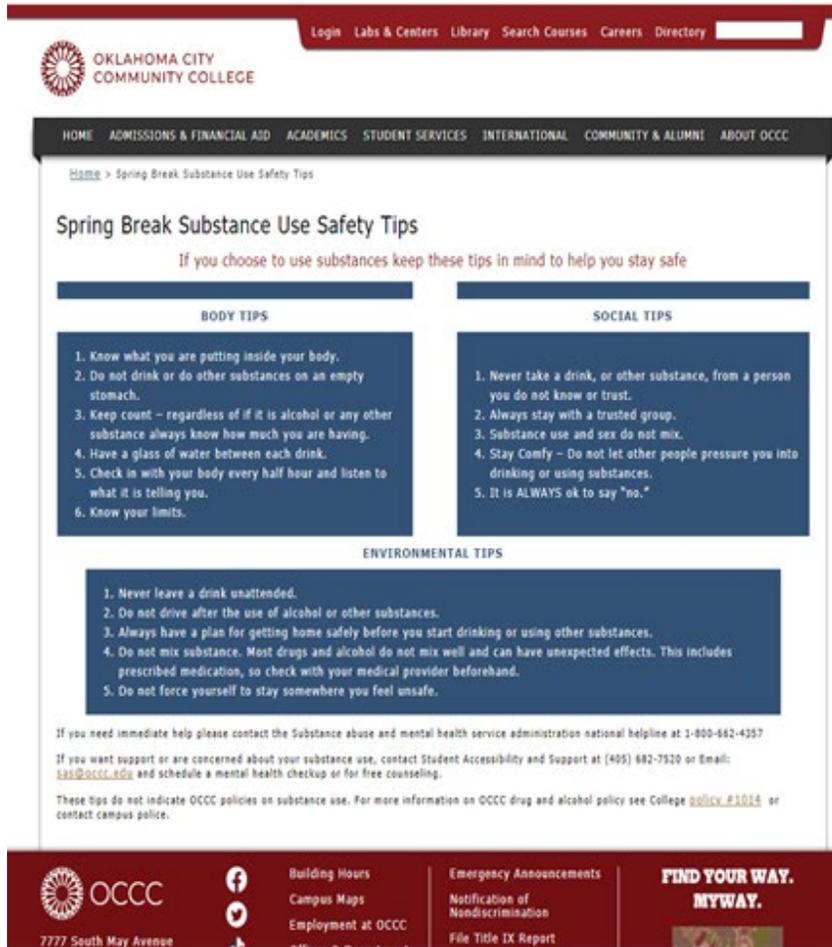
V. PROGRAMS, SERVICES, AND INITIATIVES

The Campus Police Department, including Higher Education Prevention Services, and community agencies created a partnership to provide co-curricular, educational programming to the OCCC community. These departments play an important role in educating students, faculty, and staff about alcohol and other drugs through awareness programs, displays of literature, health fairs, and other campus and area events.

All Oklahoma City Community College campuses received drug and alcohol prevention programming. Alcohol, marijuana, and smoking are the top three substances students reported using in the OCCC 2022 campus-wide student survey. OCCC counseling staff focus on these substances as well as opioid and stimulant use due to their statewide impact.

Below is a summary of events hosted during the review period (2023-2024) along with continually ongoing programs.

Passive Programming: Spring Break Substance Use Safety Tips – Web banner a week before spring break with a link to this page.



Annual Be Smart, Safe and Sober 2023 and 2024 – OCCC Main Campus –

Number of Participants: Unknown

This one-day interactive event consisted of five activities. The main purpose of this event was alcohol awareness. These included:

- “Drunk” video games – Participants played video games while wearing beer goggles. These goggles distort the participant’s perception to allow participants to experience the effect of alcohol on driving and other activities.
- "The Mule" – Outdoor-driving simulator – Students used beer goggles to drive a 4-wheeler, to help them understand the effects of alcohol on their driving.
- Sobriety Test – OCCC Campus Police taught students how drinking affects a person’s abilities by having them run through a series of sobriety tests while wearing beer goggles.
- How much is a drink? – Using shot glasses and party cups, participants learned how much alcohol they are consuming in a party cup.
- Check your Drinking – Participants filled out an online screening that helped them identify their alcohol risk. The participants had the option of emailing themselves a report.

To encourage participation, the students were able to enter to win a door prize if they completed 2 out of the 5 activities. Because of free donations from Braum’s, Sonic, Sam’s, and Walmart, we were able to provide food and freebies for the event.



OKLAHOMA CITY
COMMUNITY COLLEGE

Be Smart.
Be Safe.
Be Sober.

March 6th - March 7th | 9:30 a.m. - 3:30 p.m.

In-Person | Parking Lot G & Main Building Lobby

Online | occc.edu/sober

Join us for the 6th Annual Smart, Safe, Sober Event

The OCCC Campus Police Department and Student Accessibility & Support are partnering with Oklahoma Challenge to educate students on driving safety, drug and alcohol prevention, and more. There will be several booths and activities to educate students on the matter. There will be giveaways and contests in-person and online. Click on the button below to learn more about the event.



OKLAHOMA CITY
COMMUNITY COLLEGE

Join us for the 8th Annual:
Smart, Safe and Sober Event

SAFETY EVENTS!

**BE SMART.
BE SAFE.
BE SOBER.**

MARCH 7 • 9:30 AM - 3:00 PM

The graphic features three circular inset images: a person wearing safety glasses and a hard hat, a person interacting with a booth, and a person in a uniform talking to a student. The background is a yellow and white checkered pattern.

Get ready for **Smart, Safe and Sober** - an annual event returning to the OCCC campus!

Join us on **Thursday, March 7 from 9 a.m. - 3 p.m.**

This event is dedicated to showing students the consequences of one bad decision. During the day, numerous booths and activities will be available, including Driving with Beer Goggles, a Safety Trade Show and more!

Safe, Smart and Sober Partners

- OCCC Campus Police, Student Accessibility and Support and Student Life
- Oklahoma Highway Safety
- Oklahoma Challenge

Food and prizes will be available - see you there!

Tips for Teens – OCCC Main Campus, Capitol Hill Center, FACE Center

TIPS for TEENS

OPIOIDS

THE TRUTH ABOUT OPIOIDS

SLANG: O.C./OXY/PERCS/VIKE/M/MONKEY/
WHITE STUFF/LEAN/SCHOOLBOY/SIZZURP/
PURPLE DRANK/LOADS

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Opioid Prevention – OCCC Main Campus, Capitol Hill Center, FACE Center

SUBSTANCE DEFINITIONS

Substance Use The use of alcohol or drugs. This includes any kind of alcohol, marijuana, heroin, prescription opiates, or cocaine.

Substance Misuse The difference between healthy substance use (such as drinking in moderation) and unhealthy use (such as drinking in excess or "binge" drinking). "Misuse" can refer to various things such as using prescription drugs any way other than prescribed, using someone else's prescription, or repeated use of a substance to alleviate stress.

Substance Abuse Having severe Substance Use Disorder, or being unable to stop using a substance or substances no matter how bad the consequences. The key difference between misusing drugs and abusing drugs is the intent of use. Someone may misuse drugs to achieve a goal – staying awake longer, numbing pain, etc., but someone who abuses drugs is looking to induce certain feelings and fulfill a craving for substance.

HIGH VS. OVERDOSE

SIGNS OF BEING HIGH

- Pupils will contract and appear small
- Muscles are slack and droopy
- They might be out of it, but they will respond to outside stimulus like loud noise or a light shake
- Speech may be slurred
- Scratch a lot due to itchy skin

SIGNS OF AN OVERDOSE:

- Awake, but unable to talk
- Body is very limp
- Breathing is very slow and shallow, erratic, or has stopped
- Heartbeat is slow, erratic, or not there at all
- Vomiting
- Loss of consciousness
- Unresponsive to outside stimulus
- For lighter skin, the skin tone turns bluish purple.
- For darker skin, the skin tone turns grayish or ashen

IN THE CASE OF AN OVERDOSE



Call Campus Police at 405-682-7872 and give Naloxone. If no reaction in 3 minutes, give second Naloxone dose.



Do rescue breathing or chest compressions. Follow dispatcher instructions.



After Naloxone, stay with the person until help arrives. Naloxone does wear off.

OVERDOSE RECOGNITION

- If a person appears too high or on the verge of an overdose but is still conscious, walk them around, keep them awake, and monitor their breathing.
- If someone is high and making unfamiliar sounds while "sleeping", try to wake them up. Many loved ones of users have thought a person was snoring when they are overdosing.
- It is rare for someone to die immediately from an overdose. When people survive an overdose, it's because someone was there to respond. It's important to act right away.
- Always carry Naloxone to reverse an overdose if you or someone you know uses substances such as opioids.

Ripple Effect: Substance Abuse and Misuse – OCCC Main Campus

**RIPPLE EFFECT:
SUBSTANCE MISUSE**

STIMULANTS CAN NEGATIVELY IMPACT YOUR:

- HEART**
RHYTHM ISSUES, RISK OF HEART FAILURE
- RESPIRATORY SYSTEM**
SLOW/IRREGULAR BREATHING
- KIDNEYS**
KIDNEY FAILURE
- PANCREAS**
INCREASED CHANCE OF DIABETES

OPIOIDS CAN NEGATIVELY IMPACT YOUR:

- HEART**
RHYTHM ISSUES, RISK OF HEART FAILURE
- RESPIRATORY SYSTEM**
SLOW/IRREGULAR BREATHING
- GASTROINTESTINAL TRACT**
CHRONIC CONSTIPATION, STOMACH CRAMPS, NAUSEA AND DEPRESSION

VI. PROGRAM GOALS, EVALUATION, AND RECOMMENDATIONS

The committee created the following minimum goals for the Drug and Alcohol Prevention Program:

- Maintain policy, prevention strategies, and resources. Ensure that other drug and alcohol-related facts are readily available.
- Notify all employees and students that OCCC is a drug and alcohol-free campus and where to find the policy and other program-related information on the website.
- Utilize survey information gathered from the OCCC Core Survey for Alcohol and Drug Assessment to determine what substances students abuse the most and structure our programs accordingly.
- Provide programming for all OCCC Campuses.
- Create specific program reviews that include an analysis of the data collected from surveys from each of the programs provided.

GOALS	PROGRAM ACTIVITIES	EVALUATION	RECOMMENDATIONS
Maintain policy, prevention strategies, and resources. Ensure that other drug and alcohol-related facts are readily available.	OCCC Drug & Alcohol Abuse Prevention Program is found in the OCCC policies and the student handbook. Resources can be found on the Student Support Services webpage. New employees are notified about OCCC EAP.	100% Completed	Create a website or page on the OCCC website dedicated to the College's Alcohol and Drug policies, prevention strategies, upcoming programs, and resources.
Notify all employees and students that OCCC is a drug and alcohol-free campus, and where to find policy and other program-related information on the website.	The Annual Notification was sent at the beginning of each semester after the final drop date. Additionally, the Annual Notification was sent after the last drop date for each 8-week term.	100% Completed	Maintain a consistent message for each term. Ensure accountability with tracking each time the notification is sent out.
Utilize survey information gathered from the OCCC Core Survey for Alcohol and Drug Assessment to determine what substances students abuse the most and structure our programs accordingly.	Core Survey for Alcohol and Drug Assessment was distributed in the Fall of 2016, 2018, and 2020. Individual surveys are gathered from participants who attend a drug and alcohol prevention event, presentation, or program	100% Completed	Continue the Core Survey every two (2) years. Continue gathering surveys for each program to determine specific effectiveness.
Provide programming for all OCCC Campuses.	Programs were held at the Main Campus, the Family, and Community Education Center.	100% Completed	Continue to provide programs at all campuses.

Oklahoma City Community College (OCCC) 2023 - 2024 Drug and Alcohol Prevention Programming

Create specific program reviews that include an analysis of the data collected from surveys from each of the programs provided.	A survey was provided at each specific program which showed positive reviews for all programs.	100% Completed	Expansion of data relevant to OCCC and the community such as, but not limited to; stimulant and opioid use. Look at ways to increase student participation and responses.
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VII. PROGRAM STRENGTHS AND AREAS FOR IMPROVEMENT

The following are noted strengths and areas for improvement of the alcohol and drug program at OCCC.

Strengths

- Drug and Alcohol Prevention information is included in all New Employee Orientations.
- Employee Assistance Program (EAP) is available for employees and is widely known.
- Prevention programs focusing on drugs and alcohol are regularly planned and available to students, faculty, and staff throughout the year.
- The Survey for Alcohol and Drug Assessment was effective in determining specific topics/issues to target for programming.
- Effectiveness of the individual programs based on participant feedback.
In the last two years, only one arrest Drug arrest, and related referral to resources has occurred on campus involving students and no employees.

Areas for Improvement

- Engagement for the student population continuing to utilize virtual learning
- Continue to improve the alcohol and drug prevention programming and resources offered to all students and employees.
- Increase overall participation and completion rate of the survey
- Provide a resource link within the survey for those expressing a need (i.e. suicidal ideation and/or a substance use problem)

IV. Conclusion

The Oklahoma City Community College uses a comprehensive approach to address alcohol and other drug use on campus, focusing on policy, education, collaboration, enforcement, prevention, and intervention. All components work together to ensure that students and employees are provided information and resources that promote a safe and healthy environment that attempts to mitigate risk as it pertains to alcohol and other drug use.

The College will continue to develop, assess, and pursue the best practices for our campus community to create a safe and healthy learning and working environment for our students and employees.

Goals for Next Year:

- Consistently distribute the Annual Notification to all students and employees each semester.
- Continue to provide meaningful specific programs to all students and employees.
- Increase student and employee attendance and participation in programs offered by the college.
 - Greater attention to the inclusion of virtual student offerings